

# 1969 Track Honor Roll (6/2/69) Minneapolis Tribune

(does not include all Regionals, Conferences, or the State Meet)

## 100 Yard Dash

Mark Lutz, Rochester Mayo :09.6  
Dwayne Bowles, Mpls. Central :09.9  
Paul Shute, Hopkins :09.9  
Jim Henry, St. Cloud Cathedral :09.9 (:09.8w)  
Rod Lekander, Moorhead :09.9  
Fred Merrill, Orono :09.9  
George Honza, Montgomery :09.9  
Bruce McLean, St. Louis Park (:09.8w)

## 220 Yard Dash

Mark Lutz, Rochester Mayo :21.1  
Fred Merrill, Orono :21.6  
Rick Hexum, Rochester John Marshall :22.0  
Jim Henry, St. Cloud Cathedral :22.0  
Dwayne Bowles, Mpls. Central :22.0

## 440 Yard Dash

Fred Merrill, Orono :48.8  
Ken Gary, Mpls. Central :49.8  
Rick Hexum, Rochester John Marshall :50.0  
Steve Hopkins, Edina :50.0  
Bert Heaton, South St. Paul :50.1

## 880 Yard Run

Tom Steiner, Alexander Ramsey 1:55.1  
Jeff Brauchle, Edina 1:56.9  
Marcel Laursen, Mpls. Central 1:56.9  
Steve Resler, White Bear Lake 1:57.2  
Dan Humes, Owatonna 1:57.3

## One Mile Run

Garry Bjorklund, Proctor 4:14.4  
Gary Wilde, Mpls. Roosevelt 4:15.9  
Dave Kampa, St. Cloud Tech 4:17.1  
Mike Slack, St. Paul Harding 4:17.2  
Mike Engh, White Bear Lake 4:19.3

## 120 Yard High Hurdles

Dean Gelineau, Two Harbors :14.1  
Bill Hunkins, St. Louis Park :14.4  
Joe McPherson, Richfield :14.4  
Phil Halstrom, Mora :14.5  
Bob Binsfield, St. Cloud Cathedral :14.6  
Dan Carpenter, Mpls. Roosevelt :14.6

## 180 Yard Low Hurdles

Kevin Ault, White Bear Lake :19.2  
Mark MacDonald, Two Harbors :19.5  
Rick Hexum, Rochester John Marshall :19.5  
Laurie Anderson, Moorhead :19.6  
Chuck Turek, Montgomery :19.6

## 880 Yard Relay (4x200)

Rochester Mayo 1:29.2  
Edina 1:29.8  
Saint Louis Park 1:30.5  
Mpls. Central 1:31.1  
Moorhead 1:31.2

## Mile Relay (4x440)

Edina 3:22.6  
White Bear Lake 3:24.6  
Alexander Ramsey 3:25.3  
Mpls. Central 3:26.0  
Rochester John Marshall 3:26.3

## Shot Put

Colin Anderson, Golden Valley 60-2  
Steve Cook, Richfield 59-9  
Dale Robley, Pelican Rapids 57-5  
Dennis Gillen, North St. Paul 57-3.75  
Dean Brown, White Bear Lake 56-8.25

## Discus Throw

Mike Dillmer, Edina 170-0  
Mark Severson, North St. Paul 167-3  
Chuck Thompson, Alexandria 166-6  
Sandy Morrison, Blake 164-9  
John Rounds, St. Louis Park 162-7

## High Jump

Roger Landwehr, Mankato Loyola 6-3  
Dan Carpenter, Mpls. Roosevelt 6-2.75  
Sherwood Strobeck, Aurora-Hoyt Lakes 6-2.5  
Jeff Cohen, White Bear Lake 6-2  
Gary Virgin, Mpls. Southwest 6-2  
Jim Husing, Mpls. Roosevelt 6-2  
Don Allen, St. Louis Park 6-2  
Gary Jordan, Wayzata 6-2  
Kevin Burns, St. Paul Central 6-2  
Tom Hipkins, Mounds View 6-2  
Clyde Thomas, St. Paul Central 6-2

## Pole Vault

Jim Lee, Austin 14-3.25  
Dave Bruggeman, Moorhead 13-10.5  
Les Olson, Saint James 13-5.5  
Randy Daubanton, Mpls. Southwest 13-5.25  
Steve Albers, Northfield 13-3.75  
Dale Powers, Moorhead 13-3.75

## Long Jump

Clyde Thomas, St. Paul Central 23-2  
Laurie Anderson, Moorhead 23-0.25  
Ray Durham, St. Paul Central 22-10.5  
George Honza, Montgomery 22-10.5  
Dave Corey, Rochester Mayo 22-8